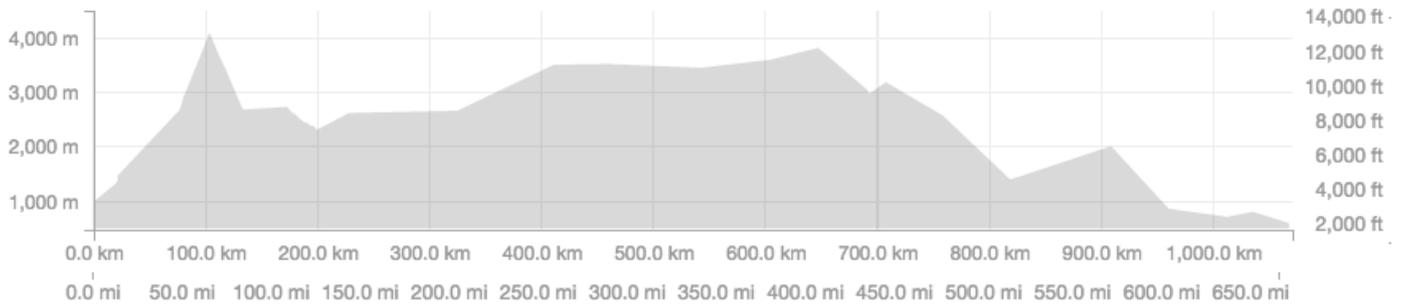


Bike China Adventures

Chengdu → Aba → Jiuzhaigou Northwest Sichuan 16 day Tour



Itinerary

Day	Daily Starting Location	Daily Destination	Cycling Distance Km	Cycling Distance Mi	Sichuan Province	Daily Vertical Climbing (m/ft)	
0	Home	Chengdu	0	0	Arrive in Chengdu, the tour guide will meet you at the airport and accompany you to the hotel.	0	0

1	Chengdu	Baoxing	90	56	Meet in Chengdu in the morning for bicycle fitting and trip orientation. Take transport to Tiantai Mountain, cycle part or all the way to Baoxing.	470	1542
2	Baoxing	Liangshuijing	83	52	Begin ascent of Jiabin Mountain by bicycle to a small village called Wu Dao Guai where we'll stay at a rustic B&B and have a nice home cooked meal.	940	3083
3	Liangshuijing	Xiaojin Xian	65	41	Cycle over Jiabin Mountain pass at 4100m (13500ft) and enjoy a beautiful descent before another brief climb into Rilong at the base of Four Sister Mountains.	1672	5484
4	Xiaojin Xian	Xianlongtan	68	43	Enjoy a brisk descent in the morning before heading north on a rolling stretch around the base of Four Sister Mountains and along the Fubian River and Majia Valley.	715	2345
5	Xianlongtan	Zhoukeji Town	70	44	Continue up Majia Valley through a scenic area and over a 3500m pass before descending into A'Ba	852	2795
6	Zhoukeji Town	Zhongrangkou	88	55	Take transport part way in the morning west along the Suomo River.	1130	3706
7	Zhongrangkou	Hongyuan	68	43	Light cycling "rest" day as we take transport part way and cycling along the A'Ba north Sichuan plain and along Baihe (White River).	390	1279
8	Hongyuan	Chuanzhusi Town	140	88	Continue along the White River and delta regions enjoying picturesque panoramas of never-ending pastures, Buddhist stupas, pagodas, and temples. Enjoy a long lunch and hike at Waqienongyeshe before continue on for a big, relatively flat day ending with a 40km descent into Huanglong scenic region.	490	1607
9	Chuanzhusi Town	Chuanzhusi Town	22	14	Spend the day hiking around the Huanglong nature park including the Huanglong valley, Songpan Ancient Town, and numerous colourful pools, waterfalls, and springs.	0	0
10	Chuanzhusi Town	Jiuzhaigou	89	56	Cycle down the valley just west and leading to Jiuzhaigou or "Nine Village Valley" where we'll enjoy the remainder of the day cycling and hiking around this remote but breathtaking region. Hiking along we'll have options to choose among a few 12+km long valleys to see what makes this region such a must-see place. Some 30,000 people are attracted to Jiuzhaigou each day during peak seasons.	587	1925
11	Jiuzhaigou	Jiuzhaigou	25	16	Day two of exploring by foot and/or bicycle. Hike among numbers small villages along these amazing valleys.	0	0
12	Jiuzhaigou	Longan Town	130	81	Take transport part way as we head over a 3500m (11,000 ft. pass) heading into Pingwu County	995	3264
13	Longan	Beichuan	92	58	Enjoy a net descent out of the mountains along the Jianjiang River. See some impressive rock formations as the road winds down. Notable sites along the way include the Wanglang Nature Reserve and Bailong Palace scenic area.	376	1233
14	Beichuan	Zitong	55	34	First cycle to Mianzhu to see Sanxingdui - Archeological Exhibit of Copper Masks and artifacts from the year 500 B.C. Take Transport part way through Mianyang and begin cycling again on rolling country roads to Zitong where we can visit the Qinglong Temple and stay along the river.	249	817
15	Zitong	Langzhong	70	44	Begin cycling early towards Langzhong before taking the Changling Ferry across a narrow stretch of the Shengzhong Reservoir. Finish cycling to Langzhong and take transport part way. There we can see the Ancient Town and Fengshui Museum.	190	623

16	Langzhong	Chengdu	82	51	Final day of cycling through the countryside leading to Santai. In the early afternoon we'll return to Chengdu by vehicle get ready to return to the airport.	210	689
Total cycling distance:	Total Distance		1237	773	Approximately 430 miles (688 km): Average distance per ride day: 48 miles (77 km) Cycling will be supplemented with vehicle transport on some days to reach the next point of interest.		

Details	Description
---------	-------------

Start location:	Chengdu, Sichuan Province, China PRC
Finish location:	Chengdu, Sichuan Province, China PRC
Tour type:	Support vehicle will be provided for the tour to carry luggage (and cyclists if desired). Riders will carry only their day gear on the bikes. Self supported, riders carry all their own luggage.
Geographical location:	Southwest China, North and Northwest Sichuan Province; Elevation range: 2000 to 13,500 feet (600-4100 meters)
Terrain:	Mountain passes, rolling hills, Average 80km or 50mi per day
Cycling tour level:	Challenging. Alternative transportation will be used when needed.
Days:	16, Nights: 16 days
Single Room Supplement	USD\$395 per person

1. Bilingual bicycle tour guide/mechanic.
2. All hotel accommodations (double occupancy) for 16 nights.
3. Meals eaten as group (private meals, snacks and alcoholic beverages are not included).
4. All group transportation costs (vans, buses, and taxis) including to/from the airport.
5. Premium touring bicycle, helmet, and bicycle-mounted day bag.
6. All group entrance fees to attractions.
7. Transport of luggage, gear and cyclists when necessary.

Note: This will be a vehicle-supported ride. This means that support-vehicle will accompany the group throughout the trip and carry supplies, luggage (and cyclists when desired). Each cyclist will carry only their day pack luggage while cycling.

With Vehicle Support

Number of Riders	Cost per person (USD)
4	\$4340.00
5	\$3950.00
6-7	\$3780.00
8	\$3455.00